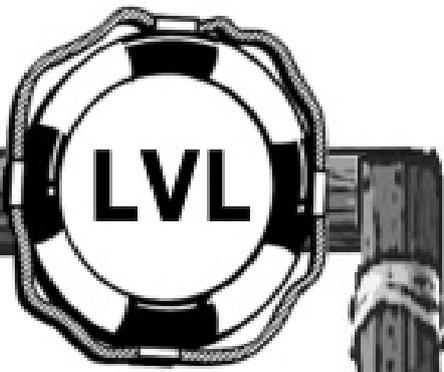


LEESVILLE LAKE ASSOCIATION

NEWSLETTER

July 2009



2009 Officers

President

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spzim@fairpoint.net
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Vice President

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Gerry Caprario - 2010
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Doc Wasicko - 2011
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FROM THE PRESIDENT Sherwood Zimmerman

Your Association has been very busy this Spring and early Summer. Considerable planning and effort for the 6th Annual Beautification Day was rewarded with a very successful cleaning of the lake. Everyone pitched in to make it a success. Board members, association volunteers, business sponsors, and property owners all joined together in this important annual event. Mr. Stan Goldsmith, former association president and member of the Campbell County Board of Supervisors, volunteered to serve on the Beautification Day Steering Committee along with Gordy Bratz, Sam Skillman, Fred Tannehill, Phyllis and Larry Garlick, Gerry and Janet Caprario, Bill Engledove, Mike Lobue and Sherwod Zimmerman. Five 30 cubic foot dumpsters were filled at three sites: Brumfield, Tri-County Marina and Runaway Bay. A special thank you goes to J. B. Tannehill, Pete Cox, and Paul Mattox for providing machinery for the loading of the debris. Bob Rankin did a masterful job of designing and producing our Beautification Day T-Shirts. Sponsors and volunteers each received one of these beautiful t-shirts at the Appreciation Day Picnic on Sunday following Beautification Day. If you worked cleaning the lake on Beautification Day and have not received your t-shirt please let me know. If you would like to purchase one of these t-shirts they are available as long as supplies last for \$5.00 each.

Our Annual Meeting and Picnic was very informative and enjoyable. With threatening weather we had a smaller than usual attendance. The food prepared by Larry and Phyllis Garlick was great. The covered dishes were exceptional and the weather really wasn't a problem. Those attending heard reports from the various committees concerning what has been done and what is planned for the future. The chairman of our Navigational Committee, Pete Pettit, was unable to attend because of illness. Pete suffered a stroke and is still recovering, but doing well. I spoke with him by phone and he said he could walk and expected to make a full recovery. Please keep Pete in your thoughts and prayers.

Delegate Charles Poindexter, 9th District, House of Delegates was our guest speaker. We were happy to welcome Charles along with his lovely wife Janet. Charles is a native of Franklin County and served on the County Board prior to being elected to the House of Delegates. While on the Franklin County Board he chaired the Tri-county Lake Administration Commission (TLAC) and was able to speak directly to the issues and concerns we as lake property owners face. He addressed the importance of Appalachian's Smith Mountain Project of which Leesville Lake is an important part. He believes Appalachian can and should do more to support our efforts to make Leesville Lake a safe and enjoyable place to live and play. He answered questions from our members ranging from: "Can we reasonably expect additional help from Appalachian Power Company?"; to "What can we expect concerning uranium mining in our area?" If you have additional questions or comments for Delegate Poindexter you may contact him at: Post Office Box 117, Glade Hill, VA 24092; Phone 540-489-8989. Charles encouraged us to take active roles in our government and also made us proud to have such a dedicated and knowledgeable person representing us in Richmond.

Members were elected to the Association Board and I am happy to report all positions except two have been filled. Congratulations to those elected. I look forward to working with you as we seek to keep our association strong and effective. Anyone interested in serving with us is welcome. There is plenty of work and fun to share.

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**Lake Beautification Day
Debris Removal Pictures**



**Debris Removed
by Association Contractor**



Membership Report

By: Julie Moore

As of our July meeting, we had 337 member households. This reflects an 82% renewal rate. We would like to welcome and thank the following new members who joined since our last newsletter:

Sherri Andrews

Jetta Morgan

Navigational Aids Committee

By: Pete Pettit



This has been a very productive year for the Navigation Committee and much has been accomplished. The committee has some great news concerning navigation on Leesville Lake. Appalachian Power Company (APCo) has agreed to install, own and maintain responsibility for a lighted navigation system. LVLA wishes to thank APCo for its decision to add lights to our navigational aids. With our unique situation on Leesville Lake, APCO has agreed to meet with LVLA to work out a suitable design for a fixed navigation aid some time this year. The signage will be Coast Guard approved and mirror Smith Mountain Lake's system. The timing of installing a navigation system is dependent on APCo's license approval and funding with the earliest time frame being 2010. Virginia Department of Game and Inland Fisheries, who is the approval agency for the State, has also agreed to support our navigation system. LVLA has received \$25,000 from the State for use in navigational projects on our lake. Progress has been made on "Adopt a Mile Post" marker with a total of nine volunteers. See the article "Adopt a Mile Post" for more detailed information. If you have any concerns or questions for navigation on Leesville Lake, please contact our committee chair by email petepettit@aol.com or phone 757-620-5555 (Cell). Our committee wishes you a safe and recreational boating experience this summer.

Treasurer's Report

By: Gerry Caprario



At our recently held Annual Meeting the Budget for the 2009/2010 fiscal year was approved. It is a balanced budget in the amount of \$63,700.

Regarding this year's budget, we are in good position regarding income and expenses. I ask that anyone who has expenses or income to submit, please do so ASAP.

Adopt a Mile Post

By: Pete Pettit

We would like to thank the following members who've adopted a mile post:

- #2 Gordy & Roseanne Bratz
- #3 Sherwood & Patsy Zimmerman
- #5 Doug & Julie Moore
- #6 Stan Goldsmith
- #7 Larry & Phyllis Garlick
- #9 Bud & Kathy Atkins
- #10 Pete & Julie Pettit
- #13 Bob & Sharon Reilly
- #14 Joe & Diane Whitmer



If any of the remaining mile post markers are near your property, would you consider adopting them? Adoption entails trimming any foliage that may be obstructing the markers or notifying Pete Pettit of any problems that you're unable to fix. The following still need loving homes to look after them: 1, 4, 8, 11, 12, 15, 16 and 17.

Board of Directors Vacancies

The Association has two vacancies on the Board of Directors. If you would be willing to serve please contact Sue Glasscock at (434) 369-5334. Board meetings are the 2nd Thursday evening of every month except July when we have the Annual Meeting on Saturday. We could put your talents to good use!

Water Quality Monitoring Reports

By: Mike Lobue

As in the past two years, the Virginia Department of Environmental Quality (DEQ) loaned the Association a water quality monitoring probe this year. We use the probe to measure temperature, dissolved oxygen (DO) and pH at three locations: Mile Mark 1, Mile Mark 6 and Toler's Bridge. We take measurements from the surface to the bottom at one-meter increments to obtain a complete water column profile. To date, three sets of probe data have been taken: May 9, June 6 & July 4. The lake stratified between June 6 and July 4 from mile mark 6 down to the dam at about 12 to 15 feet depth. This means that the upper portion of the lake is warmer than the lower portion and there is little mixing between the two layers. The section of the lake above roughly Mile Mark 6 does not stratify because that portion of the lake is narrower and shallower. All data to date show dissolved oxygen at or above the minimum required to meet the state standard (4 mg/l). The DO is approaching the minimum near the bottom at Mile Marks 1 and 6. The pH is above the state standard (6 to 9) at mile mark 1 down to about 20 feet of depth. High pH is typically caused by increased algal activity. The pH typically increases as the water warms, but pH this year has been higher than typical at Mile Mark 1.

By: Doc and Kitty Wasicko

Water Quality Monitoring began on May 15th and will continue every two weeks, and after major rain events until September 4th. The bacterial readings taken thus far have been consistent and below state accepted levels, EXCEPT during the heavy rain events of June when the bacterial levels were 14 times the accepted state concentrations. The results of the flooding on the Pigg River Basin caused the lake to turn brown, with traces of bacteria found as far downstream as mile marker 2. With this in mind, swimmers, boaters, fishermen and PWC users are reminded to avoid contact with the brown water during such periods. Consultation with a local veterinarian showed that this would also apply to your pets, who can suffer the same symptoms as humans. Fortunately, the lake recovers very rapidly, and monitoring a few days after the June flooding revealed the lake back to acceptable levels.

The Association received a \$1,500 grant from DEQ, which helps support the 2009 water monitoring program. Grant requests for 2010 are due August 31. The Association will submit a 2010 grant request to DEQ.

Thought For The Day

Filthy water cannot be washed.
African proverb.

2010 Calendar Time to be Planning

Lynn Stelle has again, graciously agreed to prepare our 2010

Leesville Lake calendar. Please send her any lake pictures, from any season. E-mail them to her at tnlstelle@embarqmail.com. She needs them by August 31st.



Lake Area Veterans

In our Oct/Nov issue we would like to thank our lake area veterans—past and present. If you or anyone in your family has or is currently serving in the military please send their name, and current hometown to lakedoughbegone@msn.com.

Safety Committee Report

By: Gerry Caprario

There are no plans for any Safe Boating classes until fall. I am conducting the voluntary, non mandatory VESSEL SAFETY CHECKS on a "call me" basis. If you want a VSC, call me and we arrange a time and place. Your boat does not need to be in the water, a VSC can be accomplished while your 'Leakin' Lena' is on the trailer. As I've said, 20 minutes with me might save you getting an expensive ticket from DGIF.

One of our members recently reminded us that if you don't have time to attend a Safe Boating Course (free) in person, there's an online course for \$29 that can be done as you have time. Virginia recognizes this as an equivalent course and it can be found at: http://www.boat-ed.com/va/va_internet.htm

Debris Committee Chairman

By: Doc Wasicko

As your new Debris Chairman, I will be reporting in every newsletter on the Debris removal program. The recent June flooding caused a large amount of debris to be drawn into the lake. AEP is scheduled to bring the skimmer to Leesville Lake some time in August, so please be patient. One thing that boaters could do to help would be to have a bucket/plastic bag on board your boat to collect soda bottles, Styrofoam, and other floating goodies. A landing net, or long gripper would assist in removing this debris. This would also apply to keeping the shore line clean. Our motto should be "DON'T LEAVE IT, RETRIEVE IT". Remember it is our lake. We are responsible for helping to keeping it clean



Protecting the Environmental, Scenic and Recreational Values of Leesville Lake

By: Ken Stump/Appalachian Power Company

According to the Shoreline Management Plan for the Smith Mountain Pumped Storage Project, vegetation is important to the aesthetic qualities, environmental health, and water quality of both Leesville and Smith Mountain lakes. Vegetation enhances the natural beauty of the lakes, helps prevent water pollution and provides habitat for birds, mammals, and fish. Because of its importance to the lake ecosystem, vegetation within the project boundary of the Smith Mountain Pumped Storage Project may not be removed without prior permission from Appalachian Power Company. The project boundary at Leesville Lake is the 620 foot contour elevation.

If vegetation is removed without permission, property owners take the chance of losing their permission to use and occupy project lands and waters and bearing the burden of expending time and money in replacing the vegetation that has been removed.

Applications for vegetation removal can be obtained by accessing www.smithmtn.com (click on forms). For additional information or to report a violation, please email Appalachian at aepsmp@aep.com or call 1-540-489-2564.

Health Corner

By: Sue Glasscock

Friends and neighbors, I have spent the last several weeks trying to decide which subject to approach in this article. It seems like there is so much safety information that needs to be dispersed. I have decided on the topic "Heat stress." This is the most serious, because heat stress can effect everyone. What is heat stress? It is a build up of body heat internally by muscle use or externally by environment. The body can be overwhelmed by heat. As heat increases, body temperature and heart rate raise painlessly. During hot weather, heat illness can be the underlying cause for other types of illness, such as heart attack, stroke, falls, and increased dosage strength of daily medications. Children and seniors are more susceptible to heat strain. When possible, schedule heavy tasks for cooler morning or evening hours.

A few hints for preventing heat stress:

1. Protect health--heat illness is preventable and treatable before it becomes life threatening.
2. Any heat stress can impair functioning.
3. People work slower and less efficiently when they are suffering from heat stress. AND MOST IMPORTANT--USE THE BUDDY SYSTEM. HAVE SOMEONE OUTSIDE WITH YOU OR TELL SOMEONE YOU WILL BE OUTSIDE WORKING.

Precautions: drink one glass of water every 15-30 minutes, check medication labels to see if heat causes the body to react to heat and sun, avoid alcohol as it can cause increased effects of heat, take breaks to cool down, adapt work and pace to the weather, know heat stress first aid.

Heat stress first aid: 1. move person to a cool place, 2. keep person lying down and elevate legs 8-12 inches, 3. cool person by applying cold packs or wet towels or cloths and fan the person, 4. give the person small sips of cold water if they can swallow without difficulty, 5. if no improvement, seek medical attention within 30 minutes. Heat stress is serious in childred and adults and should be handled as such. Call 911 as needed. Enjoy our beautiful

lake and have a wonderful, safe summer. Enjoy your families and friends. We are truly blessed to have such a beautiful lake to enjoy. Staying healthy is a way of continuing this lifestyle. I am available for any questions or to provide additional health info. 434-369-5334 or granny1bedford@msn.com.

Newsletter

Any of our readers are welcome to submit an article for the newsletter. The topics could be any lake related subject that you think should be shared with readers or that readers would enjoy. Our newsletter is quarterly and articles are due the 15th of January, April, July, or October. Submit articles to lakedoughbegone@msn.com. We look forward to hearing from you.



2009 Meetings and Events

- Annual Meeting & Picnic: July 11, 4 pm to 6 pm, Tri-County Marina
- Board of Directors Meetings:, February 12, March 12, May 14, June 11, August 13, September 10, November 12; 7 p.m., Altavista Train Station
- General Membership Meetings: January 8, April 9, October 8, 7 p.m., Altavista Train Station
- 6th Annual Lake Beautification Day: May 16

THANK YOU!!

The Association thanks Cathy Dalton and Chris Lobue for their time and effort in getting this newsletter to you.

Reminder: 50' Rule



The Board recently received a complaint regarding jet skis operating in a no-wake zone at very high speeds. A no-wake buoy at the beginning of a cove, means no-wake for the ENTIRE cove. If kayaks and canoes are outside a designated no-wake zone, please remember they still fall into the category mentioned below where within 50 feet of them is a no-wake zone.

The game warden is beginning to have more and more of a presence on our lake. I know you don't want your weekend or summer ruined by a citation. This is a reminder that Section 29.1-748 of the Code of Virginia states that:

It is unlawful for any person to operate watercraft in excess of the slowest possible speed required to maintain steerage and headway within fifty feet of docks, piers, boathouses, boat ramps, people in the water, and vessels other than personal watercraft. This law is enforced by the Virginia Department of Game and Inland Fisheries and is punishable as a Class 4 misdemeanor.



The following areas are designated no-wake zones on Leesville Lake:

- Pit Stop Marina
- All of Old Woman's Creek
- TriCounty Marina, including entire cove
- Four marked coves in Runaway Bay development

2009 Lake Beautification Day Sponsors

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AEP

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advertiser for their support.**

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LEESVILLE LAKE ASSOCIATION

NEW MEMBER ENROLLMENT

All Leesville Lake residents, property owners, and lake users are encouraged to join the Association.

We are working on:

- Lake clean up/debris removal
- Mile markers and navigational aids
- Safety
- Water quality monitoring

Your membership dues go toward helping accomplish these goals.

Thank you for your help.

_____ \$25 tax deductible, annual dues (make check payable to Leesville Lake Association and mail to address below)

_____ Optional tax deductible donation (list amount and include with your dues check or write a separate check)

Name _____

Address _____

Phone _____

E-mail _____

County where lake property located _____

Preference for receiving quarterly newsletter: Regular mail _____ E-mail _____

Corrections to information if already a member

Comments: Are there any lake issues that are of concern to you?

Leesville Lake Association
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